



# SUN BAE CHAMPIONSHIPS

## Students, Parents and Instructors:

The *Sun Bae Taekwondo Technical Club Championship* is a non-contact team event. Students display patterns, high kick & power breaking with four AGE divisions for each COLOUR belt (23 divisions). Gold, silver and bronze medals will be awarded in each division. An individual trophy is awarded for each Club Champion (Yellow-Blue-Red-Red III-Black). The team with most gold will retain the perpetual Championship trophy and the team with best medal % will retain the perpetual Players Championship trophy. Individual medals are also presented at our Awards Night for each member (a) Players winning team (b) Championship 1<sup>ST</sup>, 2<sup>ND</sup> and 3<sup>RD</sup> placed clubs.

**Canteen** will include soft drinks, coffee and some light snacks, as well as some Sun Bae gear. The **Sun Bae Side-Show** will feature:

- 1) Board Breaking Machine!!!  
(for blue/red/black belts)
- 2) Stretching machine (contest)
- 3) Skip ropes (contest) &
- 4) High kick machine (contest)
- 5) Push-up (contest)
- 6) Power kicking machine (contest)

There are side show prizes for everyone. It promises to be a fun and exciting morning. Good luck, I wish you all the best and an enjoyable day.

*Master Bradley*

## Proposed Time Table

7:30am	Doors open- arrive
8:30-8:45am	Team meeting & registration
9:00am	Competition commences
2pm	Expected finish

## EVENT INFORMATION

SUNDAY MORNING  
**Date & Location**  
 per Website Calendar  
[www.sunbae.net](http://www.sunbae.net)

**Return entry to your Instructor**  
**Closing Date: one week before.**

## NIL ENTRY FEE

*Entry fee is part of the Sun Bae Annual Fee*

**NO CHARGE for the event.**

*(Side-Show \$5 & Boards \$5)*

## AWARDS

- Patterns/High Kick/Breaking Division winners: Gold-Silver-Bronze Division medals
- Overall Club Patterns Champion: Trophy per belt division (no age).
- Overall Club Championship & Players Award: trophies presented to Club Instructor.
- Championship 1<sup>ST</sup>, 2<sup>ND</sup> & 3<sup>RD</sup> placed clubs: medal each member.
- Players 1<sup>st</sup> placed club: medal each member.
- All competitors to receive certificate award.

## INDIVIDUAL PATTERN

Belt Division	Patterns
White	Basic pattern
Yellow	Taeguek 1
Blue	Taeguek 3&4
Red	Taeguek 6&7
Black (No Jnr division)	Koryo II, TaeBaek, Pyon Won, Sip Jin.

- All events are a 2 way playoff. Winners move to next round until a winner is determined.
- Judged on technical correctness, application of technique (artistic), kicking skill and etiquette including correct uniform and neatness.

## PATTERN AGE DIVISIONS

Age Division	Age
Junior	Age 5-9 inclusive
Intermediate	Age 10 - 14 inclusive
Adult	Age 15 – 29 inclusive
Seniors	Age 30 +

## OTHER EVENTS

- High Kick (all belts – divisions on height)
- Power breaking (black belts)
- Board breaking (sideshow)
- Skipping contest (sideshow)
- Stretching contest (sideshow)
- Push-up contest (sideshow)