



# SUN BAE CHAMPIONSHIPS

## Students, Parents and Instructors:

The *Sun Bae Taekwondo Technical Club Championship* is a non-contact team event. Students display patterns, high kick & power breaking with four AGE divisions for each COLOUR belt (19 divisions). Gold, silver and bronze medals will be awarded in each division. A trophy is awarded for the individual Club Champion (yellow-blue-red-black). Also, an overall Club Trophy will be awarded to the winning Club (ie club with best medal count). Each member of the 1<sup>ST</sup>, 2<sup>ND</sup> and 3<sup>RD</sup> placed clubs will each receive a team medal, presented at our Awards Night.

**Canteen** will include soft drinks and coffee, etc. The **Sun Bae Side-Show** will feature :

- 1) Board Breaking Machine!!!  
(for blue/red/black belts)
- 2) Stretching machine (contest)
- 3) Skip ropes (contest) &
- 4) High kick machine (contest)
- 5) Push-up (contest)

There are side show prizes for everyone. It promises to be a fun and exciting morning. Good luck, I wish you all the best.

*Master Bradley*

## Proposed Time Table

7:15-7:30am	Doors open- arrive
7:45-8:00am	Team meeting & registration
8:00 am	Competition commences
12:45pm	Expected finish

## EVENT INFORMATION

SUNDAY MORNING  
Date per Website Calendar  
[www.sunbae.net](http://www.sunbae.net)

AMBROSE TREACY COLLEGE  
SCHOOL HALL  
KATE STREET  
INDOOROOPILLY

**Return entry to your Instructor**  
**Closing Date: one week before.**

## NIL ENTRY FEE

*Entry fee is part of the Sun Bae Annual Fee*

**NO CHARGE for the event.**

*(Side-Show \$5 & Boards \$5)*

## AWARDS

- Patterns/High Kick/Breaking Division winners: Gold-Silver-Bronze Division medals
- Club Patterns Champion: Trophy per belt division (no age).
- Overall Club Championship: Club trophy presented to Club Instructor.
- Championship 1<sup>ST</sup>, 2<sup>ND</sup> & 3<sup>RD</sup> placed clubs: Each member receives a team medal.
- All competitors to receive certificate award.

## INDIVIDUAL PATTERN

Belt Division	Patterns
White	Basic pattern
Yellow	Taeguek 1 (Il Jang)
Blue	Taeguek 4 (Sa Jang)
Red	Taeguek 7 (Chil Jang)
Black (No Jnr division)	Koryo I, Koryo II TaeBaek, Pyon Won

- All events are a 2 way playoff to sudden death. Winners move on to next round until an overall division winner is determined.
- Judged on technical correctness, application of technique (artistic), kicking skill and etiquette including correct uniform and neatness.

## PATTERN AGE DIVISIONS

Age Division	Age
Junior	Age 5-9 inclusive
Intermediate	Age 10 -14 inclusive
Adult	Age 15 – 29 inclusive
Seniors	Age 30 +

## OTHER EVENTS

- High Kick (all belts)
- Power breaking (black belts)
- Board breaking (sideshow)
- Skipping contest (sideshow)
- Stretching contest (sideshow)
- Push-up contest (sideshow)